



outward

part of the Newlon Group

Volunteer Info Pack

QUESTIONS?

**CONTACT US AT
VOLUNTEERING@OUTWARD.ORG.UK**

About Outward

1975:

Outward is established by a group of parents who were keen for their children with learning disabilities to live their lives outside of institutional care: 'out of the wards'.

Our Values

Engaging

We listen to what the people we support say, we involve them in what we do, and we are honest and open.

Enabling

We assist and support the people we support to enable them to achieve their goals and aspirations.

Empowering:

We inspire and encourage, empowering the people we support to take control and to take advantage of opportunities.

Today, our services operate across nine London Boroughs and provide a range of support to people within their local communities, including:

- People with learning disabilities, including a specialised service that supports people on the autism spectrum
- Older people
- People with mental health issues
- Young people at risk



We provide support in:

- Bromley • Enfield • Hackney • Haringey • Islington • Newham • Redbridge • Tower Hamlets • Waltham Forest •

Our application process:

**APPLICATION
(1 WEEK)**



**INFORMATION
SESSION
(2 WEEKS)**



**DBS CHECK &
REFERENCES
(1-4 WEEKS)**



**ONLINE &
IN-PERSON
TRAINING
(1-4 WEEKS)**



**READY TO BE
MATCHED OR START
VOLUNTEERING!**

Volunteer FAQs

What are you looking for in a volunteer?

We're looking for people who are:

- respectful, empathetic, positive, and reliable
- committed to empowering the people we support to make their own choices about how they live
- passionate about making a difference in the lives of others
- willing to completing their training and attend quarterly volunteer check-ins

What kind of roles do you have available?

Most of our volunteers are befrienders and are paired with somebody we support to offer them company and friendship. However, we also have volunteers who help us with admin, create resources, or run activities that range from sports to the arts. If you have a special skill you'd like to share, we want to hear about it!

What are the benefits of volunteering with Outward?

We're grateful for your help and believe volunteering should be a rewarding experience. We will:

- Reimburse reasonable out of pocket expenses
- Offer additional training that you'd like to pursue
- Provide you with references
- Invite you to our special events
- Celebrate your birthdays and anniversaries
- Provide opportunities for peer support