

Learning Disability and Autism Outreach Service

Engaging, enabling and empowering adults with learning disabilities and ASD to lead the lives they choose.



● engaging
● enabling
● empowering


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part of the Newlon Group

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Outward Community Outreach Service

Outreach is a community-based service designed to support adults with learning disabilities to maintain or gain independence by supporting people to learn new skills, find new social activities, deal with housing matters, get support around money management, benefit applications and paying bills as well maintaining or achieving a healthy lifestyle.

The self-esteem and confidence people feel when they achieve greater independence becomes evident over time as they take control of their own lives. That is our primary goal.

Our outreach service operates across north and east London. We also provide a sense of community and belonging for people who have felt largely alone or isolated.



Why choose us

- Choice – you can see staff profiles in advance of the package starting and choose who you would like to support you.
- Flexibility – you can request specific times throughout the week that can accommodate your needs.
- Banked hours – if you don't use all of your contracted hours, you can bank them and use them when you need them.

Specialist ASD Outreach Service

As part of our Community Outreach Service, we have a specialist team experienced and trained in supporting people on the autistic spectrum and who may also display behaviours of concern.

This service offers all the support provided by the general outreach service but in addition, the staff have received specialist training in Autism, Positive Behaviour Support, Non-Abusive Psychological and Physical Interventions and other relevant training.

Our specialist ASD outreach service also offers a service review where staff will attend all client reviews and associated meetings.

This service is currently supporting people in the London boroughs of Newham, Tower Hamlets, Haringey, Enfield, Hackney, Islington, Waltham Forest and the City of London. If you live outside of these boroughs, we may be able to offer a service so please get in touch to discuss your needs.



Quality service from quality staff

We recruit staff who show the right values and share our vision for personalised, high quality services. Our staff team, represents a mix of ages, gender, ethnicities, religion and backgrounds so we can fully meet the needs of people supported. Some colleagues also have lived experience of autism.

Outward's Positive Behaviour specialist works closely with our services offering clinical supervision, advice, staff training and support in developing and delivering PBS plans.

What others say about our service

“After a stressful few months of personal issues, I just have to say, it’s been so comforting and reassuring for me to have Annika’s support and understanding on hand supporting my daughter in her wonderful inimitable style. It’s also been an absolute pleasure seeing her cheery face twice per day, three times a week, over the past 2 months! She’s our absolute Godsend.”

Family member of a current client

“The way that Daniel and Eric work with M make my whole family feel very assured. They will manage any behaviour he displays and keep him safe at all times”

Family member of a current client

“I have worked with Loris regarding quite a few of our joint customers. I have always found Loris to be really approachable, helpful and very professional. What I really appreciate is how committed Loris is to the people we work with and how strongly Loris will advocate for the customers – whatever the setting - and she will call out any situation where she sees that someone is not getting the right support or treatment or is being taken advantage of because of their learning disability. I also appreciate how well Loris knows the people Outward support and her straight and honest approach.”

Ruth (Social Worker)

Want to make a referral or enquiry?

Email us at outreach@outward.org.uk or visit our website to learn more about the range of services at Outward www.outward.org.uk.



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